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## **An Introduction to Human Rights in Disability Services – A training program for disability support workers in Victoria**

# **Getting started!**

### **How long will it take?**

Each of the five training modules takes about **20 minutes** to complete. Some modules might take you a little longer and others less. Overall it should take about **1 hour and 40 minutes** to complete the whole program.

You can choose to do all 5 modules at the same time or you can spread it out and do each module separately over a longer period of time.

### **What do I need to do the training program?**

The online program can be completed on a computer, tablet or iPad. The computer screen must be 13 inches or larger. This won't be a problem for desk tops and laptops. But it means if you are viewing it on a netbook computer with a screen smaller than 13 inches you will not be able to see the full screen.

It can be viewed on a range of internet browsers, and meets Web Content Accessibility Guidelines.

For **optimal** performance, we recommend that you view the training program in any of the following internet browsers: Google Chrome, Internet Explorer Version 8.0 or above; or Firefox.

There are videos and audio in the training program, as well as transcripts. To view the videos, you will need Adobe Flash Version 8.0 or above. If you cannot view the videos or hear the audio, you can read the information in the transcripts. You do not need a special program to read the transcripts.

### **Where do I go if need help?**

There is a **tutorial** at the beginning of each module to show you how to navigate the program. You can do the tutorial at the beginning of each module to refresh your knowledge and go back to it if you need to.

If you have any technical problems using the program, please check the **Computer Help Guide**.